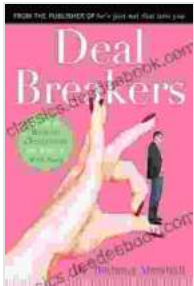


When to Work on a Relationship and When to Walk Away



Deal Breakers: When to Work On a Relationship and When to Walk Away by Bethany Marshall

★★★★☆ 4.3 out of 5

Language	: English
File size	: 1935 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 226 pages



Relationships are complex and can be challenging at times. It's important to know when to work on a relationship and when to walk away.

When to Work on a Relationship

There are several factors to consider when deciding whether or not to work on a relationship. These include:

- **Communication:** Communication is key in any relationship. If you and your partner can communicate openly and honestly about your needs and feelings, it's a good sign that the relationship is worth working on.
- **Commitment:** Both partners need to be committed to the relationship for it to succeed. If one partner is not willing to put in the effort, it's unlikely that the relationship will last.

- **Support:** Relationships should be supportive. If you and your partner support each other through thick and thin, it's a sign that the relationship is strong.
- **Trust:** Trust is essential in any relationship. If you can't trust your partner, it's difficult to have a healthy and lasting relationship.
- **Love:** Love is the foundation of any relationship. If you and your partner love each other, it's a powerful reason to work on the relationship.

If you're considering working on a relationship, it's important to be realistic about your expectations. There will be ups and downs in any relationship, but if you're committed to each other and you're willing to work through the challenges, it's possible to have a long and happy relationship.

When to Walk Away

There are also times when it's best to walk away from a relationship. These include:

- **Abuse:** If you're being abused, physically or emotionally, it's important to get out of the relationship immediately. Abuse is never acceptable and it's not something that you should tolerate.
- **Infidelity:** If your partner has been unfaithful, it's a major breach of trust. You may be able to forgive your partner and move on, but it's important to be aware of the risks involved.
- **Addiction:** If your partner is struggling with addiction, it can put a strain on the relationship. It's important to get help for your partner if

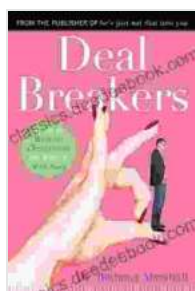
they're struggling with addiction, but it's also important to protect yourself.

- **Unresolved issues:** If there are unresolved issues in the relationship, it can make it difficult to move forward. It's important to try to resolve these issues, but if you're unable to, it may be best to walk away.
- **You're not happy:** If you're not happy in the relationship, it's important to listen to your gut. You deserve to be happy, and if you're not, it may be time to walk away.

Walking away from a relationship is never easy, but it's sometimes the best thing to do. If you're considering walking away from a relationship, it's important to talk to a trusted friend or family member. They can provide you with support and guidance.

Deciding whether to work on a relationship or walk away is a personal decision. There is no right or wrong answer. The best decision for you will depend on your individual circumstances.

If you're struggling with a relationship, it's important to seek professional help. A therapist can help you to understand your relationship and make decisions about your future.

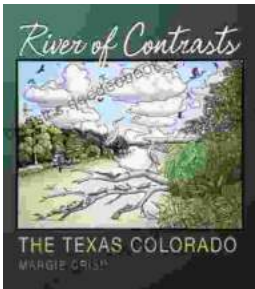


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